

# The Occupational Programs Bi-Weekly Wrap Up

UVA Facilities Management

04.28.2023

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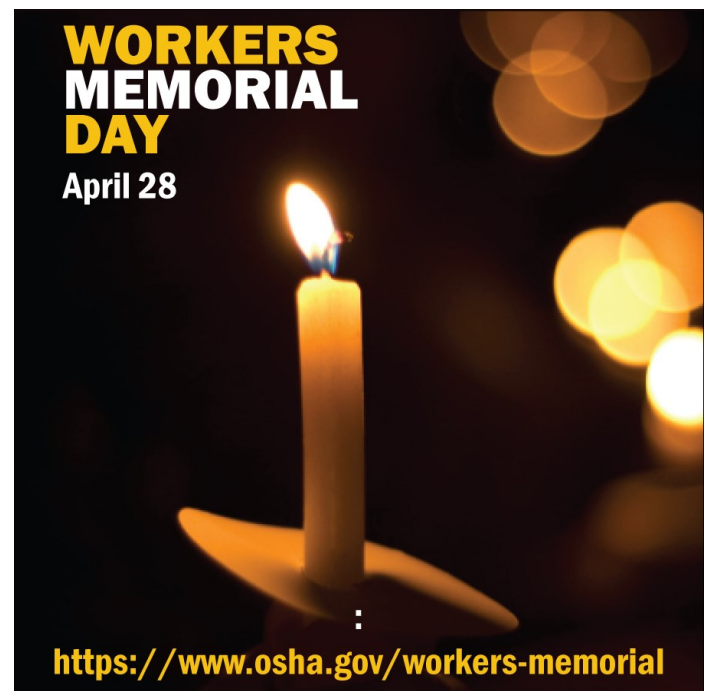
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***Don't forget:  
Reasons to Celebrate!***



***Let Us Know:*** You can always email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you have suggestions or story ideas. Now there's a new way to get in touch — ***Let us know*** by answering a few quick questions.

## OCCUPATIONAL HEALTH AND SAFETY

### Did You Know? Celebrating Safety Week

This year, May 1-5 is OSHA's National [Stand-Down to Prevent Falls in Construction](#) as well as [Construction Safety Week](#).

UVA FM Occupational Health and Safety has chosen to celebrate [WORKPLACE SAFETY WEEK](#) all week!

Be sure to check out:

- **Bernie the Bee's social media pages** for two helpful posts a day: one celebrating at-work safety and one on mental health.



[/BernietheBeeFM](#)



[@BernietheBeeFM](#)



[@BernietheBee](#)



- On Thursday, May 4, Jamie Watkins will be hosting a demonstration of the [Grabber Mobile Fall Arrest System](#) (in the photo above) all day in the FM Alderman lot — *Come check it out and grab some cooling towels, hearing protection devices, and nifty SWAG items!*
- [The OHS Team](#) is available to come to your toolbox talks and team meetings — Reach out to a team member or [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) to get on the schedule!
- Special thanks to Michael Clements in the C&RS Sheet Metal Shop for suggesting some great sticker ideas. Used on your hard hat or water bottle, these are short, sweet reminders to stay safe at work!



# OCCUPATIONAL HEALTH AND SAFETY

# SAFETY WEEK

May 1-5

**Celebrate safety where you work by demonstrating your continued commitment to building a stronger, safer workplace**



Facilities Management  
Occupational Health and Safety



Nominate a Safety Star >>



Follow Bernie the Bee >>



## FM Housing Custodial Celebrates Staff Safety Training

FM-OHS and Housing Custodial are celebrating completing safety training developed specifically for their team. This training focused on chemical hazards, as well as featured safety topics in general. In addition to the training content, interpretation services were also put to use, as roughly half of the Housing Custodial team are non-native English speakers, with more than 10 languages spoken among the group.

Thanks to Tanyia Moore for envisioning the training; to the Occupational Training Team for the content and formatting; to the DEI team for helping create an inclusive training; to Charlotte Endres of the Occupational Programs Administrative team for connecting the dates, rooms, and coordinating interpretation services; and to Sarah Reed with OHS for delivering the training.

This training is expected to serve as a template for other custodial trainings as supervisors reach out to have their staff trained. It will be offered periodically to include new employees.

If you are interested in learning more about this collaborative training creation, please email

[FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu)

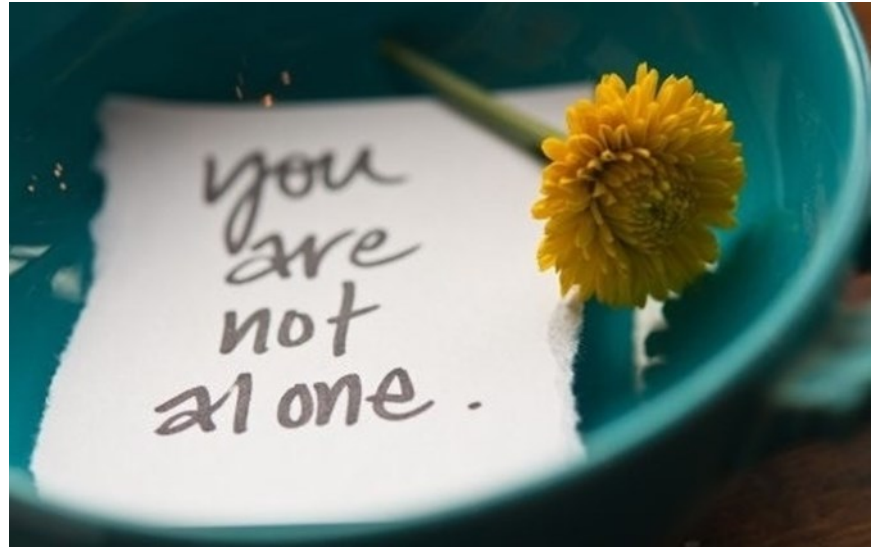


## OCCUPATIONAL HEALTH AND SAFETY

### Tools for Your Toolbox: How to Be a Mental Health Ally

In addition to celebrating workplace safety the first week of the month, May is [Mental Health Awareness Month](#).

Even though more than 50% of people in the United States are diagnosed with a mental health disorder during their lifetime, the term "*mental illness*" carries a stigma, which can lead to negative impacts



including a lower likelihood of people seeking treatment. You can play an active role in reducing the stigma surrounding mental health challenges.

Talk to colleagues who may be struggling:

- *Listen and watch* for signs of struggling, as well as for potential sensitivities.
- Start with simple questions like, "*How are you feeling today?*"
- *Be vulnerable and share* your own mental health experiences.
- Make sure others know you're available to listen when they want to speak.
- Try different communications approaches, such as calling or texting.

Model Supportive Behavior:

- Be open and approachable.
- Use supportive language that is sensitive, avoids stigma, and is encouraging.
- Use a patient, empathetic, and genuine tone.
- Encourage an open, supportive culture where people feel comfortable talking and asking for help.
- Ensure individuals feel valued and needed.

Learn more about being a mental health ally from UVA FEAP:

<https://uvafeap.com/how-be-mental-health-ally>

## OCCUPATIONAL HEALTH AND SAFETY

### Congratulations to West Grounds Zone on Completion of Stage III of the Virginia Challenge Program

*UVA FM-OHS would like to recognize the outstanding efforts of the West Grounds Zone team and leadership on the completion of Stage III of the Virginia Challenge Program.*

**Virginia Challenge** is a three-stage roadmap to making your workplace one of the safest and healthiest in the country. Upon completion of the three stages of the Virginia Challenge, an exemplary safety and health management system (SHMS) will have been developed that also prepares the organization to apply for **VPP STAR recognition**— a free program that promotes excellence in worksite-based safety and health. In VPP STAR leadership, employees, and VaDOLI’s Virginia Occupational Safety and Health (VOSH) Program establish a cooperative relationship to promote workplace health and safety via the SHMS.

The UVA FM West Grounds Zone team are only the second public sector participant and the first higher education institution in Virginia to achieve this recognition. UVA FM West Grounds Maintenance Zone handles general and preventative maintenance, custodial services, and landscaping for the University.

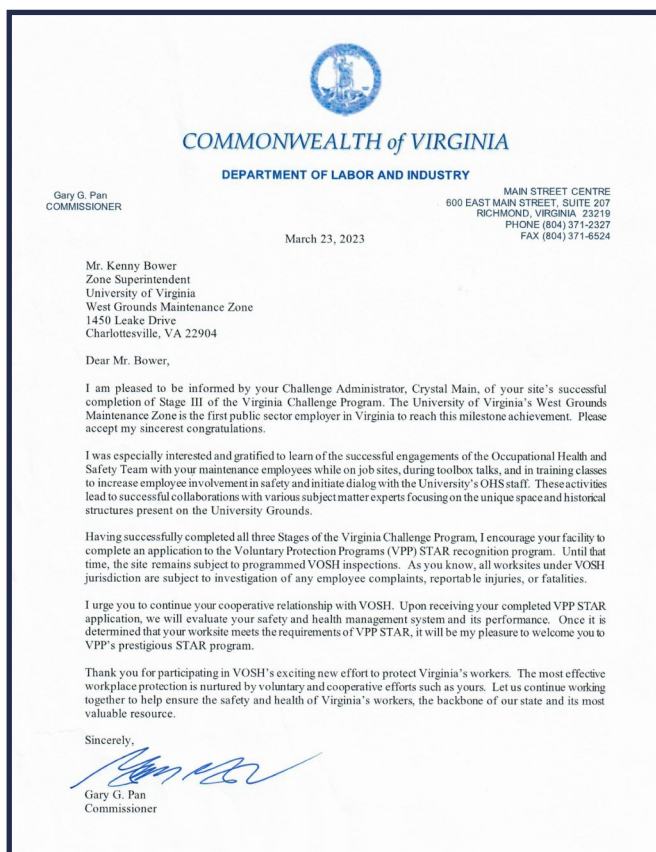
FM-OHS is proud to have been a part in helping make this accomplishment a reality for the FM West Grounds Zone Maintenance Team!

See the signed completion letter from  
Commissioner Pan:

<https://at.virginia.edu/NIBu7i>



Left to right: Laura Duckworth, Director of Occupational Programs; Kenny Bower, WGZ Manager; Shelomith Gonzales, Manager of FM-OHS, & Commissioner Gary G Pan of Virginia DOLI at the 2023 Apprenticeship Job Fair.



## OCCUPATIONAL HEALTH AND SAFETY

### PRODUCT RECALL: DeWalt, Stanley and Craftsman Fiberglass Sledgehammers

Stanley Black & Decker has recalled 2.2 million DeWalt, Stanley and Craftsman fiberglass sledgehammers due to impact injury. The head of the sledgehammers can loosen prematurely and detach unexpectedly during use, posing an impact injury hazard to the user.

The impacted model numbers and pictures for each brand can be found on the recall page: <https://www.stanleyblackanddecker.com/brands/product-safety/product-recall>

If you have one of these, immediately stop using the recalled sledgehammers and contact Stanley Black & Decker for instructions through [the website](#) to receive a full refund.



### Thank You, Safety Stars!

Thank you to the remaining April 2023 Safety Stars. If you haven't received your star – Reach out to the [OHS team](#). They've been looking for you!



- ★ Michael Clements
- ★ Chris Morris
- ★ Bob Manz
- ★ Zouzek Abdalhusain

Safety Stars, different from [Safety Champions](#), can be recognized anytime. Individuals who are nominated for Safety Stars contribute to the FM culture of safety in small ways that may not affect the whole organization, but do create a safer work environment for the immediate group.

**Nominate a Safety Star or Safety Champion:**

[https://virginia.az1.qualtrics.com/jfe/form/SV\\_8vp1rkfUzbpLGV7](https://virginia.az1.qualtrics.com/jfe/form/SV_8vp1rkfUzbpLGV7)

# APPRENTICESHIP

## UVA Apprenticeship at Shenandoah Elementary



Thank you to Julie Thomas, Occupational Training Manager, for representing UVA FM and the Apprenticeship Program at Shenandoah Elementary on April 14!



SHENANDOAH ELEMENTARY

## CAREER FAIR

APRIL 14, 2023

3rd-5th 12:45 PM - 1:30 PM

K-2nd 1:30 PM - 2:15 PM

Join us in the cafeteria for an afternoon of fun and learning about careers!

Parents/guardians are invited to join with their child/children! ALL Parents/Guardians MUST RSVP by 4/12 using this link (NO exceptions): <https://tinyurl.com/shencareer>

### DRESS UP DAY!

Show us what you want to be when you grow up!

All outfits must be school appropriate and NO weapons of any kind, including pretend.



40 years

UVA APPRENTICESHIP PROGRAM  
1982-2022

## The Apprenticeship Job Application is Posted Until April 30!

The job application for the next class of apprentices will be open until April 30, 2023.

A single application is posted for all apprenticeship tracks/trades. This application will be open to and welcomes all levels of experience. Applications for UVA FM positions are only accepted online via Workday. Current UVA employees must apply using their [Workday profile](#). Apprentices will onboard in summer 2023.

The following documents and information are a required part of your application:

- **Cover letter**
- **Resumé**
- **References:** Name, phone numbers, and/or email addresses of three non-family former colleagues and/or supervisors who can attest to your skills and qualifications. Recent students may use a teacher or professor they have worked with closely.
- **Letter of recommendation** from someone other than a family member. Additional letters of recommendation are optional.

See the posting: <https://at.virginia.edu/2023Apply4Apprenticeship>

Be sure you've joined [the email list](http://eepurl.com/gj80ib) to receive updates: <http://eepurl.com/gj80ib>

We strive to send one email a month or less, unless the apprenticeship job application is open!

Email [FM-Apprenticeship@virginia.edu](mailto:FM-Apprenticeship@virginia.edu) if you have any questions.

## OCCUPATIONAL TRAINING

### Leadership Connection:

### Checking in on Your Emotional Bank Account

Famed statesman Benjamin Franklin once said, “In *this world*, *nothing can be said to be certain, except death and taxes*”. As tax season has inevitably come and gone, it’s a good time to take stock of our financial bank accounts. How do my accounts look? Transactions like deposits and withdrawals, saving and spending, through all this activity hopefully you’re staying above water, and maybe even putting a little money away for the occasional rainy day. Each transaction adds or detracts from your overall financial well-being. **Much like our financial health, it can be useful to take stock of your relationship health. This recalls the concept of the Emotional Bank Account.**



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Stephen Covey, author of the book *The Seven Habits of Highly Effective People*, uses the metaphor of an "Emotional Bank Account" to describe the amount of trust that’s built in a relationship. For those new to this theme, emotional bank accounts are the accounts that we knowingly, or unknowingly keep in our relationships. These include personal, professional, and social relationships. **What kind of transactions are you making with your loved ones, your team, your peers, and your leadership?**

Transactions to and from your relationships can include deposits of thoughtful gestures like thank you notes, compliments, or even just connecting through rapport. On the other hand, withdrawals can include, criticizing, blaming, or even unintended consequences from actions taken. Keeping stock of your relationships and how they can or have been affected by your actions can be truly informative to your expectations of getting things done, and the well-being of your team. Trying to make a big withdrawal from an empty bank account doesn’t yield much success. The same can be true for the emotional bank account. To coin a phrase, “*What’s in your wallet?*”

### Learn more about the Emotional Bank Account concept:

- The Emotional Bank Account - Thrive Global: <https://at.virginia.edu/DE7XfS>
- Take Stock of Your Emotional Bank Accounts via franklincovey.com: <https://at.virginia.edu/1yoJSK>
- Exploring Trust And The Relationship Bank Account At Work via forbes.com: <https://at.virginia.edu/GgdoWu>

To learn more about building trust and credibility as a leader, check out the following Workday Learning:

- Building Trust | Workday Learning: <https://at.virginia.edu/bWFuc1>
- Empathy at Work | Workday Learning: <https://at.virginia.edu/WeKQCW>
- How to Build Credibility as a Leader | Workday Learning: <https://at.virginia.edu/r4oQMX>



## **OCCUPATIONAL TRAINING**

### **Tips: Get the Most Out of Training**

Facilities Management is proud to invest in our employees through training and development. As training is a two-way process, here are some suggestions to help you get the most out of your FM training sessions.

- **Plan**: What should you bring with you? (A way to take notes, pen/pencil for quiz or notes; any PPE; any tools or equipment that are applicable to the training course?)
- **Be intentional with your time & try to be respectful of others in the class**: Let your coworkers know you will be in training to keep interruptions to a minimum. Keep your phone on silent.
- **Be prompt**: Everyone has made time from their workday to attend. Being punctual or early allows the class to start and end on time, allows adequate time for training and questions.
- **Respond to calendar/Outlook invites if you are attending but also if you are unable to attend**. This allows the instructor and training coordinators a more accurate idea of how many will be in attendance and reduces delays waiting for attendees to show up.
- **Ask questions!** Ask for clarification of anything that is confusing, or you are not fully understanding. Trainings at FM encourage open discussion and conversation. You can also take notes and discuss matters of concern with the instructor after the training has ended or share any suggestions as we are always looking to improve our content!

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### **Apply Today: UVA Edge**

*Earn college credits and advance in your career.*

**The UVA Edge fall 2023 application period is open now through May 15.**

**Interested in earning college credits while working full-time? UVA employees can earn 20 undergraduate credits from the University of Virginia through UVA Edge, a flexible online program designed for working adults.**

UVA Edge is a part-time, online program and is covered by the UVA education benefit for eligible employees. It is ideal for students without college experience or with less than 30 credits. Students earn credits while building career and digital skills.

**Learn more about the program on the UVA Edge website or through this Q&A with Facilities Management employees who have completed the program: <https://uvafm.exposure.co/uva-edge>**

**Learn more: <https://edge.virginia.edu/>**

**Apply: <https://apply.scps.virginia.edu/apply/>**

**Upcoming Information Sessions: <https://apply.scps.virginia.edu/portal/UVAEdgeWebinars>**

**Contact [edge@virginia.edu](mailto:edge@virginia.edu) with any questions.**

## OCCUAPTIONAL TRAINING—CONTINUED

### Upcoming Professional Development Opportunities

#### Developing Collaboration Skills

Collaboration is a critical skill in the modern workplace. We are often asked to collaborate on projects and ask others to collaborate on ours. This course is intended to provide users with collaborative skills, an understanding of when to collaborate, ways to develop a collaborative mindset, and ultimately work together with others to succeed.

Choose from two sessions/locations:

- May 2, 1:00-300 PM, Skipwith Hall, UL RM 112
- May 3, 10:00 AM-Noon, in HSPP West Complex Level 'O' Conference Room (G032)

Register: <https://at.virginia.edu/zuotzS>

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### Apply for UVA FM Jobs

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's [How to Apply: for Internal Candidates](#): <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

*Not all listings are available to external applicants.*

Questions on job listings should be directed to [AskHR@virginia.edu](mailto:AskHR@virginia.edu)

[See FM jobs >>](#)

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### Upcoming Pipelines & Pathways Career Building Workshops

Join the [UVA Pipelines & Pathways](#) Career Building 101 Workshop Series. Through these virtual, interactive workshops, you will learn the basics for building your career and get the tools you need to obtain your dream job at UVA! Share these events with your friends! All workshops are **FREE AND OPEN TO THE PUBLIC** and will be held live via Zoom. You may attend as many workshops as you'd like. Once you register, you will be emailed a Zoom meeting invitation link to access the workshop the day of the event.

**[MAKING A LASTING IMPRESSION](#)**—Wednesday, May 24, 2023 | 12:00pm to 2:00pm

This virtual workshop focuses on how a job applicant can make a lasting impression on an employer while navigating work opportunities. It will explain how to design a resume and professional profile as well as answers to job interview questions memorable to potential employers. This workshop will go in-depth on the definitions of Simple, Unexpected, Concrete, Credible, Emotional and Stories (SUCCEs), which are tools that can be used for crafting your resume, professional profile, and answers to common job interview questions.

Register for these workshops: <https://at.virginia.edu/1SCZ6V>

If you have questions or need additional information, please contact Hollie Lee at [HNL5Q@virginia.edu](mailto:HNL5Q@virginia.edu).

**DIVERSITY, EQUITY & INCLUSION**



# **REPORT A BARRIER**

*Use the form to report physical infrastructure concerns such as*

- Broken doors or elevators
- Unlit areas
- Unsafe walkways
- Fall hazards
- Missing handrails
- Non-operating lights

The University of Virginia is committed to equal access and the civil rights of people with disabilities. Barriers to this access may include things such as:

- an inaccessible website
- an inoperative elevator,
- a blocked access ramp,
- video without captions,
- or other lack of access to an event or program.

*Submission of this form does not constitute a formal complaint, grievance, or request for academic or workplace accommodation. Its intent is to assist in identifying and addressing barriers to access. Thank you for helping in this endeavor.*

Link to Report A Barrier website and form: <https://reportabARRIER.virginia.edu/Report/Submit>



Translate this page with the QR Code or click this link:

<https://at.virginia.edu/UYFbnI>

## DIVERSITY, EQUITY & INCLUSION



The BEYOND Fitness community is about fitness but also about healthy healing, empowerment; to be stronger, powerful and resilient especially women in all areas of life. Our Women's Empowerment Day is a morning on July 8th dedicated to empowering all women from all backgrounds, ages, and professions. It is important to be able to lean on others for diversity, motivation, support and encouragement.

- Saturday, July 8th
- The Center at Belvedere - 540 Belvedere Boulevard Charlottesville, VA 22901
- Learn more here: <https://at.virginia.edu/xA3V6N>



Join Lifetime Learning for an engaging conversation with Abby Palko, Director, Maxine Platzer Lynn Women's Center, and three faculty experts as they discuss issues impacting women internationally.

- May 2nd, 3pm—Virtual Event
- <https://engagement.virginia.edu/learn/womensvoices>

Questions or comments about DEI updates? Email [FM-DEI@virginia.edu](mailto:FM-DEI@virginia.edu)



Translate this page with the QR Code or click this link:

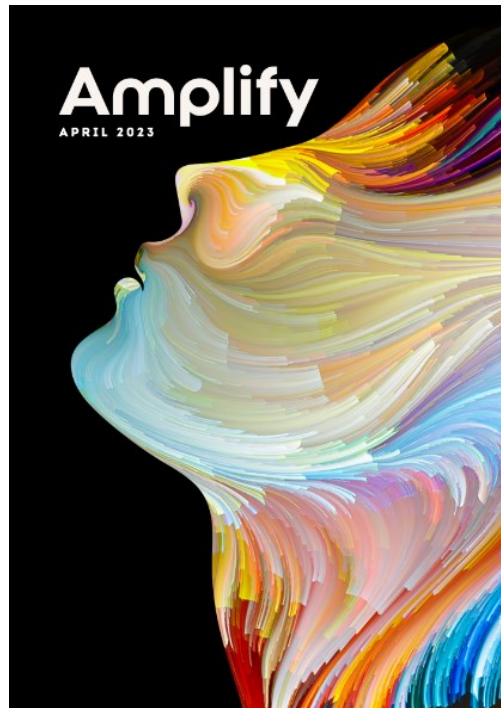
<https://at.virginia.edu/CWhrGm>

**DIVERSITY, EQUITY & INCLUSION**

# Facilities Management DEI is featured in the new UVA Amplify Magazine:

- Read the full article here: <https://at.virginia.edu/dzPjn4>
- [Or download a PDF copy here](#)

**Thank you to all the teams who took time to have their photo taken for this article!!**



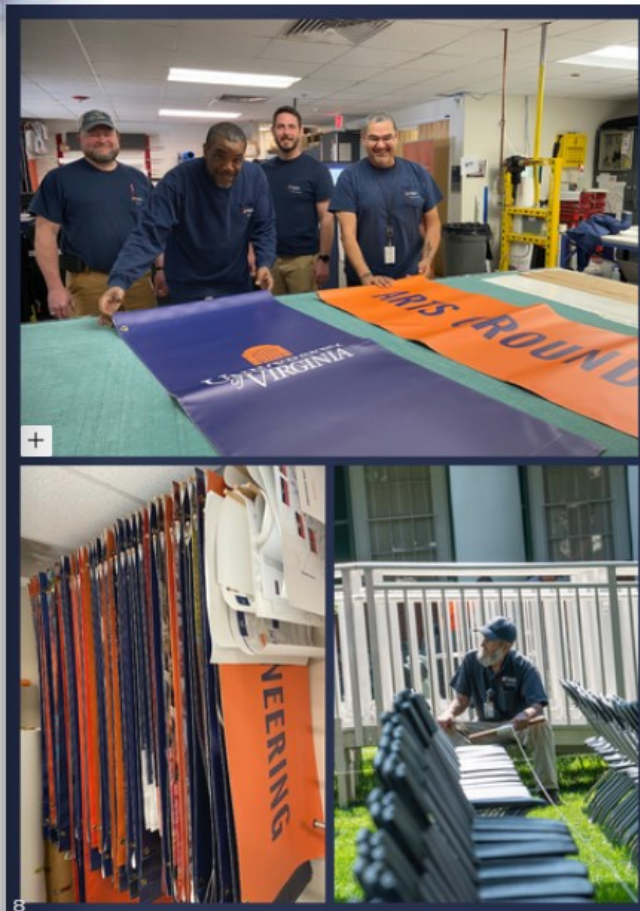
## PEOPLE. CULTURE. COMMUNITY.

TOWARD INCLUSIVE EXCELLENCE IN FACILITIES MANAGEMENT

by Emily Douglas

UVA Facilities Management (FM) is home to over 1,100 employees from a wide range of backgrounds, skill sets, and experiences. Some of us come from nearby Nelson, Greene, and Buckingham counties, and some of us from further away, like Iran, Columbia, and Kenya. We are craftspeople, landscape experts, program specialists, recycling gurus, housekeepers, tradespeople, environmentalists, architects, engineers, and accountants. We can design your website, balance your budget, and remodel your kitchen. We speak English, Spanish, Swahili, Nepali, and Kinyarwanda; to name a few. The scope of the work in FM is vast and the impact is far-reaching. If you have set foot on Grounds, you have likely crossed paths with or benefitted from the services of an FM employee.

At UVA Health, FM provides critical steam for the sterilization of instruments and heating clinical spaces. For students, FM ensures you have groomed Grounds to enjoy, as well as clean bathrooms and buildings. Faculty benefit from the quiet, unseen work of FM, like installing necessary carpentry, electrical, HVAC, or plumbing for labs and classrooms. For visitors, FM produces every sign you see and meticulously sets up 25,000 chairs each year for UVA's graduation ceremonies.



Questions or comments about DEI updates? Email [FM-DEI@virginia.edu](mailto:FM-DEI@virginia.edu)



# let's celebrate!

*Reasons to celebrate are all around us!*

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**April 28: Occupational Safety & Health Day**

and **Workers Memorial Day**

**April 29: World Healing Day**

**April 30: National Pet Parents Day**

**May 1: May Day**

**May 2: Brothers and Sisters Day**

**May 3: National Garden Meditation Day**

**May 4: Anti-Bullying Day**

## WELLNESS

### UPDATE: COVID-19 Vaccine Recommendations

On April 19, [the CDC updated its COVID-19 vaccine recommendations](#) to allow adults 65 and older and immunocompromised people to get an **additional updated (bivalent) vaccine dose**. The CDC no longer recommends the use of the monovalent (original) COVID-19 mRNA vaccines. Read more below to learn what has and has not changed with COVID-19 vaccine guidance.

#### What has changed:

- **Adults ages 65 and older and immunocompromised people can get an additional COVID-19 vaccine dose.**
- **Monovalent (original) COVID-19 mRNA vaccines will no longer be recommended for use in the United States** due to the increased effectiveness of the newest vaccines. Children or adults who wish to be vaccinated but have not received COVID-19 vaccines in the past will now be vaccinated with the bivalent mRNA COVID-19 vaccine.

#### What has not changed:

- **CDC continues to recommend that everyone ages 6 years and older receive a bivalent mRNA COVID-19 vaccine.** Individuals ages 6 years and older who have already received a bivalent mRNA vaccine do not need to take any action unless they are 65 years or older or immunocompromised.
- **For young children, multiple doses continue to be recommended and will vary by age, vaccine, and which vaccines were previously received.**

At this time, local health departments have limited vaccine clinics. However, COVID-19 vaccines remain widely available at local healthcare providers, pharmacies, and clinics throughout the area. [Information on BRHD vaccination clinics can be found on their website](#). Community members can also search for COVID-19 vaccine appointments throughout the state and country [using the national vaccine locator tool](#) or by calling 1-800-232-0233 (TTY 1-888-720-7489).

Source: <https://myemail.constantcontact.com/BRHD-Newsletter-4-21-2023.html?soid=1134059434350&aid=05KYE3i10cU>

### COVID-19 Public Health Emergency Ending

The federal COVID-19 emergencies end on **May 11, 2023**. Here's how the end of the federal government's COVID-19 emergencies may affect you:

- **COVID-19 vaccines, including boosters:** UVA employees insured by Aetna will pay \$0 for the vaccine at in-network locations.\*
- **COVID-19 lab tests:** UVA employees insured by Aetna will pay a copay, coinsurance, or deductible at in-network locations.\* This amount is applied to your outpatient testing benefit, which is part of your medical plan. Associated office visits will also follow your normal plan cost share.
- **COVID-19 at-home test kits, also known as over-the-counter (OTC) test kits:** You will now pay the retail cost of the test kits, which are generally around \$12 per test. If you have a health savings account or flexible savings account, you can use those towards test kits.
- **Anti-viral medications or treatments, like Paxlovid:** UVA employees insured by Aetna will continue to pay \$0 for these prescriptions while the government supply is available.\*

See more: <https://www.aetna.com/individuals-families/member-rights-resources/end-of-phe.html>

\* Individuals not insured by the UVA Aetna plan or those visiting an out-of-network healthcare provider may pay more for their vaccine or test.

# WELLNESS

## Updates from UVA Health, starting April 18

### Masks

UVA Health is broadening the areas of our system where masking is optional. Masks will continue to be required in areas that care for patients who are immunocompromised or are otherwise at increased risk of COVID-19 and/or severe disease. This includes within University Hospital, the Emergency Department, Transplant clinic, Cancer clinics, Dialysis centers, and Infusion centers.

Our requirement continues to mandate wearing a medical grade 3-ply facemask covering the mouth and nose. Patients and visitors also must wear a medical grade 3-ply facemask in University Hospital, the Emergency Department, and in designated high-risk clinics (Transplant clinics, Cancer clinics, Dialysis centers, and Infusion centers), except once inside the patient’s room.

Please see the table at right for a detailed listing outlining the masking requirements:

### Self-Screening

It remains the responsibility of all UVA team members to screen themselves for symptoms of illness. By coming into work, you are attesting that you are free from symptoms of COVID-19.

### Air Handling Systems

Air handling systems will be returned to their original specifications.

### Visitation Policy

UVA Health’s University Medical Center will be returning to the visitation policy that was in effect prior to the COVID-19 pandemic. We’re pleased to make this change – recognizing that visits from family, friends, and others are important to patients and support positive health outcomes.

Location	Mask Requirement
University Hospital (including imaging, public spaces, hallways, East Cafeteria, clinical care areas, and units)	Required
Emergency Department	Required
Transplant Clinics	Required
Cancer Clinics	Required
Infusion Center	Required
Dialysis Centers	Required
All Admin Buildings and Locations (including research areas, not likely to have patients or visitors present)	Optional
Ambulatory Clinics and Outpatient Imaging (most locations)	Optional
Orthopedic Center Ivy Road	Optional
Outpatient Surgery Centers	Optional
West Complex (except for shared Transplant and Surgery clinic space and Dialysis Center)	Optional



## OCCUPATIONAL TRAINING

### FM JOB LISTINGS\*

- R0041410 Utility Locator/Damage Prevention Technician
- R0045468 Compliance Analyst
- R0046368 HVAC Mechanic or HVAC Senior Assistant
- R0047557 Finance Associate
- R0046046 Asbestos Abatement Supervisor
- R0036931 HVAC Mechanic
- R0047387 Instrumentation & Controls Technician
- R0047417 Mason - CC&R
- R0044445 Senior Welder for Utility Systems
- R0044386 Plumber Steamfitter
- R0044377 Senior Electrician
- R0044371 Electrician
- R0046336 HVAC Mechanic
- R0046008 HVAC Mechanic
- R0045947 University of Virginia Apprenticeship Program
- R0047282 Construction Project Manager
- R0045925 Custodial Services Supervisor, Evening Shift, North Grounds Zone
- R0040639 High Voltage Electrician
- R0035502 Senior HVAC Mechanic, Night Shift, 6:00pm - 6:00am
- R0047048 IT System Support Engineer, Associate
- R0046919 Geospatial Space Technician
- R0046946 Custodial Services Workers, Multiple Shifts Available!
- R0045728 Quality Assurance Inspector
- R0046146 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weeknight/Weekend Day Shift
- R0046833 Instrumentation & Controls Technician
- R0042962 Senior Carpenter
- R0046830 Utilities Supervisor
- R0045792 Systems Engineering Associate, Data Management & Analysis
- R0046631 BAS Construction Team Supervisor
- R0035630 Geospatial Space Technician
- R0035626 Geospatial Space Analyst
- R0046182 Plumber Assistant
- R0044253 HVAC Mechanic or HVAC Senior Assistant
- R0042051 Recycling Worker
- R0042542 Controls Engineering Technician/ Senior Controls Engineering Technician
- R0046346 Building Optimization Team Supervisor
- R0045718 Senior Finance Generalist and Finance Generalist
- R0036614 Licensed Tradespeople (HVAC, Electrical or Plumbing)
- R0044309 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0046097 Carpenter
- R0045899 Landscape Manager
- R0045816 Senior Pipefitter/Steamfitter
- R0040954 Senior Welder for Utility Systems
- R0045100 Carpenter Assistant
- R0045101 Mason Assistant
- R0036157 Historic Mason - CC&R
- R0044588 Metering Technician
- R0034508 Electrician
- R0041953 Drywall/Plasterer
- R0042657 Carpenter - Construction & Renovation Services
- R0038218 Construction Administration Manager/ Senior Construction Administration Manager
- R0032242 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weekday Evening Shift Monday - Friday 3:30pm to 11:30pm
- R0041976 Computer Help Desk Tech (Student Wage)



\* As of 4/25/2023

# Find Your Voice



## Build confidence for your next speech or presentation!

Toastmasters provides a fun, safe, and supportive environment for you to practice public speaking. Along the way, you'll build a better you!

### Participating in Toastmasters will allow you to:

- Improve your public speaking and communication
- Gain confidence when speaking in front of others
- Sharpen your leadership skills
- Enjoy a competitive advantage in your workplace



Facilities Management

## Take charge of your future and join our club today.

**Hoos Speaking**  
Weekly meetings on Wednesdays, noon-1 p.m. in person and online.

Email Narges Sinaki at [ns4xq@virginia.edu](mailto:ns4xq@virginia.edu) to attend.

If you would like, please feel free to bring your lunch.