

The Occupational Programs Bi-Weekly Wrap Up

UVA Facilities Management

02.23.2024

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***Don't forget:
Reasons to Celebrate!***

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — ***Let us know*** by answering a few quick questions.

SKILLED TRADES APPRENTICESHIP

JOB FAIR

WEDNESDAY, APRIL 10
at UVA ALUMNI HALL

OPEN TO THE PUBLIC

9:00 to 11:00 AM, featuring

- UVA Apprenticeship
- Local Employers
- Workforce Services

IN-HOUSE: UVA ONLY

Noon to 2:00 PM, featuring

- NEW** • UVA Apprenticeship
- UVA HR Benefits Counselors
- Employee Resources



**Take the next steps in
your UVA FM career.**

Email FM-Training@virginia.edu if
you're unable to attend and want
to learn more!

Opportunities from UVA Talent Development

See UVA HR's Talent
Development's Course Schedule:

[https://hr.virginia.edu/career-development/
education-and-training-0/course-schedule](https://hr.virginia.edu/career-development/education-and-training-0/course-schedule)

OCCUPATIONAL TRAINING

Lunch & Learns

Delve into the world of Facilities Management with our dynamic Lunch and Learn sessions! Delight in your own cuisine while exploring the many facets of FM and UVA. These interactive sessions are designed to broaden your knowledge of FM processes and allow you to ask the expert. Our FM/UVA-specific sessions will also provide an opportunity to drive professional development and build your business acumen and knowledge of “how FM works”.

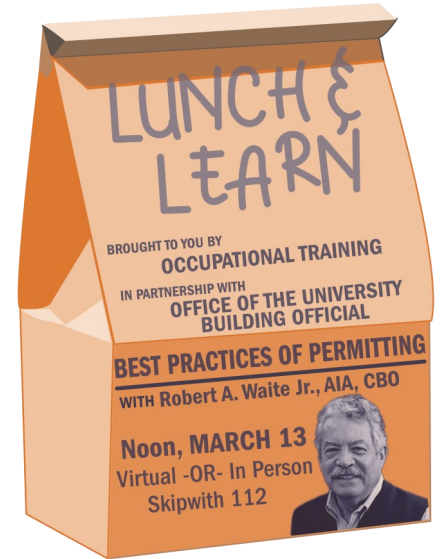
Each Lunch and Learn session will be presented by a UVA subject matter expert (SME) with a unique link to you and our operations.

Each session will begin at 12:00 PM.

Plan for 45 minutes, but it's ok if you have to leave after 30.

The first Lunch & Learn is scheduled for Noon on March 13: Permitting at UVA.

Presented by Bob A. Waite Jr., AIA, CBO with the University Office of Building Official —
Get your questions answered about permitting!



How to Register & Attend:

Users can attend in-person at Skipwith 112 or virtually via Teams.

Register for the March session on Permits:
<https://at.virginia.edu/UVAFMLLPerrmits2024>

Attendance is not tracked.

In April, FM Occupational Training will be hosting multiple sessions on **Finance at UVA FM**, including:

- The FM Financial Model
- Life of a Purchase Order (PO)
- Life of a Travel & Expense (T&E) Transaction

Future Lunch and Learn sessions will be posted on the FM screens and the **FM Occupational Training site**.

NEW EMPLOYEE ONBOARDING



Joining FM as of February 12

(listed from left to right)

Back Row:

- **Damien Pardue**, Custodial Services Worker, S. Lawn
- **Cody Borelli**, Senior Electrician, C&RS
- **DonDre Banks**, Custodial Services Worker, S. Lawn
- **Connor Lutz**, Custodial Services Supervisor, Leake

Front row:

- **John Harley**, Electrician, C&RS
- **Orrick West**, Senior Trades Utility Worker, HSPP
- **Amrit Niraula**, Electrical Engineer, E&U

DIVERSITY, EQUITY & INCLUSION

Community Spotlight:

Building Goodness Foundation

Founded in 1999 as the construction industry’s outreach to the world, BGF envisions a future in which all communities have the buildings they need to thrive. With local and international work and volunteer opportunities, BGF has something for everyone—including an upcoming International Women’s Day event—see below.

JOIN US FOR OUR
INTERNATIONAL
WOMEN’S DAY
CELEBRATION- BUILDING
A GENDER EQUAL WORLD

Friday, March 8, 2024
9-11am

9:00am Networking, Light Bites, & Sips
9:15am Program Speakers
10:30am Optional Zumba Session

Eastwood Farm and Winery
2531 Scottsville Road



[Learn more and register here.](#)



“The next Guatemala pre-trip meeting is underway, and volunteers are needed for our projects in Guatemala! We are currently working on three schools, and to get the projects done right. We're in need of plumbers, masons, and trip leaders. Spanish-speaking skills are a bonus! These opportunities are coming up soon, so act quickly and reach out to volunteer@buildinggoodness.org if you want to join us!”

buildinggoodness.org

Questions or comments about DEI updates? FM-DEI@virginia.edu

APPRENTICESHIP

Recruitment for the Next Cohort of Apprentices is Underway

Do you know of a classroom or group that would benefit from learning more about how to become a UVA Apprentice? The [UVA FM Apprenticeship team](#) is reaching out to local schools and workforce development groups to recruit applicants for the next class of apprentices. Outreach includes school visits, job fairs, and/or customized workshops. Expected onboarding for this group will be in summer 2024. Email FM-Apprenticeship@virginia.edu for more information.

Save the Dates: Upcoming Apprenticeship Info Sessions & School Visits

Buckingham County High School: Classroom Presentation & Lunch Session

February 28, 10 AM-1:30 PM at BCHS

Fort Defiance High School: Lunch Session

February 28, 11 AM-1 PM at FDHS Cafeteria

Madison County High School: Lunch & Presentation

March 7, 8:15 AM-4 PM at MCHS Library

Waynesboro High School: Lunch Session

March 13, 12-2 PM at WHS Cafeteria

Monticello High School: Lunch Session

March 19, 11AM-1 PM at MHS Cafeteria

Greene County Technical Education Center Classroom Presentations

March 20, 8:15 AM-2 PM at GCTec

William Monroe High School College & Career Expo

March 28, 8:15 AM-4 PM at William Monroe HS Cafeteria & Outdoor Commons

Nelson County High School Job & Career Expo

March 28, 10-11 AM at NCHS

UVA FM Apprenticeship Community Job Fair

April 10, 9 AM-11 AM at UVA Alumni Hall
(221 Emmet St. S, Charlottesville, VA)

MTC Regional Kick-Start Job Fair

April 11, 9 AM-2:30 PM at Rockingham County Fairgrounds (4808 South Valley Pike, Rockingham, VA)

Stuarts Draft High School: Presentation

April 16, 11:15-11:45 AM at SDHS Auditorium

Email FM-Apprenticeship@virginia.edu for more information.

**CODE CLASS:
PLUMBING**

.....
**5 SESSIONS, HELD
FRIDAYS, 1-2 PM
STARTING MARCH 15**

Who should take this course?
FM EMPLOYEES who are eligible to sit for the
DPOR master/journeyman plumbing license.

Email
Tom Castellanos,
TMC8N@virginia.edu,
to sign up.

TRANSLATE:

OCCUPATIONAL HEALTH AND SAFETY

Tools for Your Toolbox: Benefits of Kindness

Practicing kindness towards others has many advantages!

- Up to **95%** of people experience an increase in happiness and self-confidence after completing a single act of kindness
- **81%** felt the “helper’s high” for days afterward.



A 2006 study found that people who volunteer to help others not only have **better cardiovascular health but also enjoy a lower mortality rate**. Further research shows that even in high-stress situations, people who spend time caring for others, whether it's helping out friends, neighbors, or the community, show no stress-related increase in mortality. ***By being kind, you are literally improving your heart and building resilience.***

Check out FEAP’s Tip of the Month to learn more about practicing and cultivating kindness: <https://at.virginia.edu/R2JtXM>

Did You Know? Electrical Safety in the Workplace

Electricity can pose a risk to those who handle it without proper knowledge or tools within reach. Electrical safety is varied, with no one solution that solves and abates all risks and injuries. However, there are many steps and actions that can help reduce risk, increase knowledge, and strengthen a safe culture. **Use the following list as a baseline to get started in addressing electrical safety in your workplace:**

1. Know the regulations and requirements- **OSHA** and **NFPA**!
2. **Identify all present hazards.**
3. Learn the “best practice” methods.
4. Go through the auditing process regularly.
5. Have the **right PPE** on hand.
6. Follow the **UVA FM Electrical Safety Program.**
7. Use visual communication.
8. **Train employees** on both arc flash protocol and standard electrical tasks.



Learn more:

<https://www.creativesafetysupply.com/articles/improving-workplace-electrical-safety/>



GIVE YOURSELF PERMISSION TO

SLOW DOWN WITH INTENTION

FEAP

Faculty & Employee Assistance Program

FM/FEAP Roundtable Session

March 29, 9-10 a.m.

Skipwith Hall, Room 010

FM is rolling out a new PAUSE initiative that encourages employees to slow down with intention and better manage stress. Join us to practice the PAUSE technique and talk about common stressors.

Coffee and donuts will be provided.



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PAUSE AND TAKE A DEEP BREATH.

a

ACKNOWLEDGE YOUR EMOTIONS WITHOUT JUDGMENT, AND WITH SELF-COMPASSION

u

UNDERSTAND YOUR OPTIONS

s

SELECT WISELY

e

ENGAGE IN POSITIVE ACTION



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

February 23: Curling Is Cool Day

February 24: I Hate Coriander Day

February 25: Let's All Eat Right Day

February 26: Carpe Diem Day

February 27: National Pasty Week

February 28: National Pancake Day

February 29: Leap Day!

March 1: International Ideas Month

OCCUPATIONAL PROGRAMS



View & Apply for UVA FM Jobs

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's **How to Apply: for Internal Candidates:** <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:

<https://uva.wd1.myworkdayjobs.com/UVAJobs>

Not all listings are available to external applicants. Questions on job listings should be directed to AskHR@virginia.edu

FM JOB LISTINGS*

- R0055280 Construction Project Manager/Senior Project Manager
- R0055555 Project & Construction Management Supervisory Team Leader
- R0056861 Construction Administration Managers/Senior Construction Administration Managers
- R0057335 BIM Manager
- R0056303 Architecture Student Worker (Student Wage)
- R0057956 Computer Help Desk Tech (Student Wage)
- R0055326 Carpenter - Construction & Renovation Services
- R0057151 Plumber
- R0054244 Engineering Team Leader – Mechanical / Plumbing / Electrical Design
- R0057411 Carpenter
- R0056072 Help Desk Analyst
- R0057315 Custodial Services Supervisor, Building Services
- R0052510 HVAC Mechanic
- R0056414 Sign Shop Worker Assistant
- R0057441 BAS Supervisor
- R0045925 Custodial Services Supervisor, Evening Shift (Choice of shift and Sign-On Bonus!)
- R0057119 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0057096 Electrician
- R0057115 Utility Locator/Damage Prevention Technician
- R0054950 Electrician/Electrician Senior Assistant
- R0056251 Heat Plant Operator
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0056252 Heat Plant Operator Assistant
- R0056250 Heat Plant Supervisor
- R0055712 HVAC Mechanic or Senior Assistant, Housing
- R0052184 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0047639 Senior Trades Utility Worker
- R0055819 Custodial Worker, Housing: M - F, 4:30pm to 1:00am
- R0055818 Custodial Worker, Housing: Sunday - Thursday, 11:30pm - 8am
- R0057117 Senior Trades Utility Worker
- R0057544 Architect / Architect Associate / Architect Technician
- R0055302 Electronic Pneumatic Tube System Technician
- R0055433 IT Business Systems Analyst
- R0053414 HVAC Senior Assistant
- R0055300 Senior Electrician
- R0057634 Part-Time Plumber, Weekend Day Shift (Minimum 20 hours)
- R0057350 Finance Generalist
- R0049417 Licensed Tradespeople (HVAC, Electrical or Plumbing)
- R0049672 Fire Suppression Systems Technician
- R0055377 Custodial Services Worker (Part Time) 4am - 9am
- R0055378 Custodial Services Worker (Part Time) 5am - 10am
- R0055708 Custodial Services Worker (Part Time) 5pm - 10pm
- R0056614 Custodial Services Worker - Multiple shifts available!
- R0057037 Custodial Services Worker - Evening Shift
- R0057123 Senior HVAC Mechanic
- R0057122 Electrician
- R0057675 BAS Network Engineering Analyst
- R0057102 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weekday Evening Shift Monday - Friday 3:30pm to 11:30pm
- R0057106 Plumber, Night Shift
- R0057099 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weeknight/Weekend Day Shift
- R0053226 HVAC Mechanic or HVAC Senior Assistant
- R0057125 Plumber Senior Assistant * As of 2/22/2024