The Occupational Programs Bi-Weekly Wrap l

UVA Facilities Management

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Don't forget: Reasons to Celebrate!

Learn about Solar **Eclipse Safety!**



04.05.2024



Employees must have their supervisor's permission to attend during work hours.





PUBLIC JOB FAIR 9-11 AM

UVA Apprenticeship Program • Local LEARN workforce services • Local ABOUT: employers • Advancing your career • Career paths • & more!

IN-HOUSE JOB FAIR 12-2 PM

ABOUT:

LEARN Open positions • Opportunities to get paid while you train • FEAP • Language learning resources • UVA HR & your benefits • Career paths • & more!

If you are unable to attend, please email FM-Training@virginia.edu for resources.

Let Us Know: You can always email <u>FM-OHS@virginia.edu</u> if you have suggestions or story ideas. Now there's a new way to get in touch — Let us know by answering a few quick questions.

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UVA Acts

As a follow up to our Implicit Bias training last year, we are excited to share an amazing upcoming program with UVA Acts focusing on learning about the awareness and mitigation of bias in the hiring process called, "Search Committee Signals."

UVA Acts is a program based out of the office of the Executive Vice President and Provost of the University. UVA Acts "promotes preventative practices that foster equitable, vibrant spaces for working and learning at the University of Virginia through performance and dialogue."

→ Learn more about UVA Acts here

Hiring at FM? Curious about hiring? This is not a PowerPoint presentation, we will watch professional actors walk through hiring processes that are based off of our FM experiences thanks to a grant from the UVA Division for Diversity, Equity and Inclusion Inclusive Excellence Grant

Interested? <u>Register here for our upcoming ses</u> sions in April

(April 23, 24, 25 at Ern Commons)



Questions or comments about DEI updates? FM-DEI@virginia.edu

APPRENTICESHIP

Upcoming Events UVA FM Apprenticeship Community Job Fair April 10, 9 AM-11 AM at UVA Alumni Hall (221 Emmet St. S, Charlottesville, VA)

MTC Regional Kick-Start Job Fair April 11, 9 AM-2:30 PM at Rockingham County Fairgrounds (4808 South Valley Pike, Rockingham, VA)

Stuarts Draft High School: Presentation April 16, 11:15-11:45 AM at SDHS Auditorium

Orange County High School: Lunch Session April 18, 10:55 AM-12:55 PM

Louisa County High School Student Career & Hiring Fair,

April 30, 8:45 AM-1:00 PM, at LCHS

Email <u>FM-Apprenticeship@virginia.edu</u> for more information.

Apply today!

Become a part of more than 40 years of skilled trades learning & career building!

View Postings & Apply >>

<u>Current UVA Employees</u> must apply using their existing <u>Workday account >></u>

> Pipelines & Pathways

Find Job Application Help

<u>Best Wishes: Victor Brown,</u> <u>Apprenticeship Alumnus!</u>

Victor Brown, plumber senior on the McCormick

Road Zone Maintenance team, retired April 1 after more than 41 years. Brown first joined the University in 1982 as a housekeeper and participated in the UVA Apprenticeship Program from 1988-1992. He was encouraged to apply for the program by fellow FM staff



members who he played basketball with at Slaughter Rec during their lunch break. Brown served the McCormick Zone for the majority of his career, "opening the walls in every building in the zone" which serves many research lab spaces, zone manager Randy Campbell wrote in a retirement letter. "You have worked on lab and research assets that we can't fathom the resulting affect," he said. "You have been a part of research that has changed the way we live and breathe. You have made the environment of those who do the research suitable to accomplish their mission." Outside of work, Brown is a talented bass guitar player and a member of the Chickenhead Blues Band. In his retirement he plans to play more music gigs with his band that regularly plays at area wineries. Check out photos from Victor Brown's retirement gathering.

From On Grounds, FM Employee News

Do you or a friend need FREE help preparing your resume, cover letter, or for your interview? Reach out to <u>UVA Pipelines & Pathways</u>: (434) 924-7693 or <u>uvapipelines@virginia.edu</u>

UVA Facilities Management Occupational Programs | 434.297.6379 | FM-OHS@virginia.edu | https://www.fm.virginia.edu/depts/occupationalprograms/index.html

The Occupational Programs Weekly Wrap Up | 04.05.2024 | Page 4 OCCUPATIONAL HEALTH AND SAFETY Did You Know? More Selection with Red Wing!

As a result of feedback from our tradeswomen, FM has added 5" height shoes to the safety

shoe selections available to women working in trades and construction areas. This increases the number of styles available in female sizes. As always, <u>OHS appreciates feedback</u> so that we can continue to support teams in meeting the needs of safety as well as comfort and accessibility.

The Red Wing shoe truck visits UVA FM every other Tuesday, coinciding with New Employee Onboarding. You can find them at the Alderman FM lot from 7am-12pm, and at the hospital multi-story loading dock from 12:30-3:30pm. The next scheduled visit will be on Tuesday, April 9th.



For more information on PPE and the Shoe Program, see FM-OHS FAQs:

https://www.fm.virginia.edu/depts/ohs/faqs.html#ppe

Tools for Your Toolbox: Attitude of Gratitude

Gratitude is a thankful appreciation for what an individual receives, whether tangible or intangible. It's simply acknowledging the goodness in one's life, and in doing so we are connected to something greater outside of ourselves as individuals; whether that's other people, a higher power, or nature.



<u>Research</u> shows that practicing gratitude can reduce stress and improve not only mental health, but also physical health. It can even <u>lower risk</u> of depression, anxiety, and substance misuse.

Here are some ways to help cultivate gratitude in your life:

- \rightarrow Write a small list of 3 things you are grateful for each day.
- \rightarrow Write a thank you note to someone or even to yourself. (You're doing great!)
- → Practice Mindfulness Meditation- Insight Timer is a great resource for this!

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OCCUPATIONAL TRAINING Join the Next Supervisor Learning

<u>Journey</u>

Join your colleagues as you "skill up" as a leader of FM employees. Occupational Training has consolidated the tips and resources you need to be a supportive manager.

Are you interested in joining the next cohort? Email <u>fm-training@virginia.edu</u> to learn more about the program or be added to the waitlist.

HR Benefits Counselor Comes to FM

On April 26, UVA FM will be hosting a UVA Human



Resources Benefits Counselor Drop-In Session at Skipwith Hall from 1-3 PM to answer employee questions.

For a <u>full list of dates</u>, email <u>FM-Training@virginia.edu</u>

If you have questions about your benefits and need immediate answers, please contact the UVA HR Solution Center: <u>AskHR@virginia.edu</u>

NEW EMPLOYEE ONBOARDING



<u>Upcoming Lunch &</u> Learns

FM OT has partnered with UVA FM Finance to bring you:

→ April 17: Non-Billable Purchases - Requisition/ Purchase Order

Creation & Creating Change Orders

- → May 1: T&E Purchases & Expense Reports
- → WATCH Billable Purchases from April 3: https://at.virginia.edu/Zgnaeg

All sessions start at Noon and can be attended virtually or in-person in Skipwith 112.

See more details, reminders, and sign up: <u>https://at.virginia.edu/UVAFMProfDev2024</u>

UVA Talent Development Training Highlight

Situational Leadership Program

May 1 & 16, 2024, 10 AM- 5 PM (2 day, 16 hr.s) 2420 Old Ivy Road, Room 131 (in-person)

In this program, leaders will learn a new language of leadership to help increase the quality and quantity of conversations, accelerate others' development, and support others' autonomy and self-reliance. Register: <u>https://at.virginia.edu/GEKT4k</u>

Welcome to new FM employees (left to right)

Back Row:

- → Kolton Graves, Trades Utility Worker, HSPP Renovations
- → Kelvin Jackson, Custodial Supervisor, Newcomb Custodial
- → **Travis Ackerman**, Electrician Senior Assistant, Housing Maintenance
- → Matthew Harlow, Landscaper, Turf Front Row:
- → Justin Bernard, Senior Carpenter, McCormick Rd. Zone
- → Raceme Brady, Custodial Supervisor, N. Grounds
- → Ryan Phillips, Locksmith Assistant, Lockshop



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Recap: Women in ACE Lunch

The Women in ACE (Architecture, Construction, and Engineering) Lunch hosted a group of 20 women from Facilities Management, UVA and community groups to connect like-minded professionals and students, exchange ideas, and foster valuable networks. Plumber Ryan McCarthy organized the March 26 lunch, sponsored by the UVA Maxine Platzer Lynn Women's



Center, as an extension of the UVA Tradeswomen group. Occupational Health and Safety Technician Sarah Reed spoke during the event, sharing insights from the recent National Women in Construction (NAWIC) conference.

To get involved in Women in ACE, contact Ryan McCarthy at <u>rm8aw@virginia.edu.</u>

TRAINING TRIUMPHS

UVA FM Occupational Programs is celebrating FM employees increasing their skills and knowledge through training. Shout outs to our recent participants in ICRA Training, OSHA 30, Hoist & Rigging, Plumbing Code Class, Supervisor Learning Journeys, and more!

Email <u>FM-Training@virginia.edu</u> to find out how your team can "level up"!



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Reasons to celebrate are all around us! Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

April 5: National Dandelion Day April 6: National Carbonara Day April 7: Metric System Day April 8: Solar Eclipse, 2-4 PM **April 9: National Unicorn Day April 10: National Bookmobile Day April 11: National Cheese Fondue** Jav

The Occupational Programs Weekly Wrap Up | 04.05.2024 | Page 8 OCCUPATIONAL PROGRAMS

View & Apply for UVA FM Jobs

<u>Current UVA Employees</u> Search for and apply to jobs using your existing <u>Workday account</u>:

See UVA HR's How to Apply: for Internal Candidates: https://at.virginia.edu/jgLuzS

<u>External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:</u> <u>https://uva.wd1.myworkdayjobs.com/UVAJobs</u>

Not all listings are available to external applicants. Questions on job listings should be directed to AskHR@virginia.edu

FM JOB LISTINGS*

- R0055280 Construction Project Manager/Senior Project
 Manager
- R0058889 Landscape & Grounds Worker
- R0055555 Project & Construction Management Supervisory Team Leader
- R0056861 Construction Administration Managers/ Senior Construction Administration Managers
- R0054806 Construction Project Manager
- R0057274 User Experience & Facilities Services Supervisor Liaison Librarian
- R0057956 Computer Help Desk Tech (Student Wage)
- R0055326 Carpenter Construction & Renovation Services
- R0057151 Plumber
- R0058912 IT Help Desk Specialist (Staff Wage)
- R0058296 Mechanical Engineer / Senior Mechanical Engineer
- R0058072 Electrical Engineering Technician or Associate
- R0058076 Mechanical Engineering Technician or Associate
- R0058858 Mason Apprenticeship Program
- R0058859 Carpenter Apprenticeship Program
- R0058751 General Services Worker
- R0058869 Multicraft Apprenticeship Program
- R0058675 HVAC Mechanic
- R0056414 Sign Shop Worker Assistant
- R0057441 BAS Supervisor
- R0057119 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0054148 Prop Shop Manager
- R0057586 Mason CC&R
- R0058765 Mason CC&R
- R0057096 Electrician
- R0057115 Utility Locator/Damage Prevention Technician
- R0056251 Heat Plant Operator
- R0058856 Local Support Partner Manager
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)

- R0056252 Heat Plant Operator Assistant
- R0058784 Gamma Knife Operations Manager
- R0059240 Senior Welder for Utility Systems
- R0056250 Heat Plant Supervisor
- R0057979 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0047639 Senior Trades Utility Worker
- R0055819 Custodial Worker, Housing: M F, 4:30pm to 1:00am
- R0055818 Custodial Worker, Housing: Sunday Thursday, 11:30pm - 8am
- R0057117 Senior Trades Utility Worker
- R0058935 Senior Trades Utility Worker
- R0055302 Electronic Pneumatic Tube System Technician
- R0053414 HVAC Senior Assistant
- R0057634 Part-Time Plumber, Weekend Day Shift (Minimum 20 hours)
- R0057311 Associate Administrator, Center for Public Health Genomics
- R0053835 Cardiovascular Surgery Advanced Practice
 Provider (NP/PA/APP) Manager
- R0055378 Custodial Services Worker (Part Time) 5am -10am
- R0056614 Custodial Services Worker Multiple shifts available!
- R0057037 Custodial Services Worker Evening Shift (2 shift possibilities)
- R0057123 Senior HVAC Mechanic
- R0057122 Electrician
- R0057675 BAS Network Engineering Analyst
- R0058902 Environmental Graphic Designer
- R0057102 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weekday Evening Shift Monday - Friday 3:30pm to 11:30pm
- R0057106 Plumber, Night Shift
- R0057099 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weeknight/Weekend Day Shift
- R0053226 HVAC Mechanic or HVAC Senior Assistant
- R0057125 Plumber Senior Assistant * As of 4/1/2024

