

The Occupational Programs Bi-Weekly Wrap Up

UVA Facilities Management

05.31.2024

In this issue:

Click the item title to go to the corresponding page. *Downloading this document may be necessary.*

Don't forget:

Reasons to Celebrate!



OCCUPATIONAL HEALTH & SAFETY

- Did You Know? FM is Phasing Out Fixed Lanyards
- Tools for Your Toolbox: Normalizing Conversation Around Mental Health
- View Webinar: “Mental Health Awareness in the Workplace: A Grassroots Movement at UVA”

APPRENTICESHIP

- Program Graduates Achieve Licensure
- What Do UVA Apprentices Learn?
- Interview & Hiring Update

OCCUPATIONAL TRAINING

- Join the Lunch & Learn on Contractor Licensing, June 5
- Sign Up for Backflow Prevention Training, August 12-15
- Join the Next FM Supervisor Learning Journey
- Welcome, New Employees!
- UVA Talent Development Training Highlights
- View & Apply for FM Jobs

DIVERSITY, EQUITY & INCLUSION

- Have You Seen the New Mental Health First Aider Badges at FM?

PLUMBERS' TRADES SEMINAR

**9:00 AM-12:30 PM, JUNE 6,
in ERN COMMONS**



Join other FM plumbing professionals to discuss:

- FM Infrastructure
- New Plumbing Technology
- Steam Awareness
- Plumbing Math 101
- Best Practices: Bloodborne Pathogens

along with lunch & networking opportunities.

Email FM-Training@virginia.edu for more information.

BROUGHT TO YOU BY



Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — ***Let us know*** by answering a few quick questions.



OCCUPATIONAL HEALTH AND SAFETY

Did You Know? FM is Phasing Out Fixed Lanyards

Why no more fixed lanyards? Fixed length lanyards offer a *limited range of movement and protection*, while self-retracting lifelines (SRLs) provide much greater *flexibility and safety*. The key advantage of SRLs is their ability to stop falls *significantly faster* than fixed lanyards.



For Example: You are working on a mobile elevated working platform (MEWP or “lift”) and it hits a bump or obstacle, causing you to stumble on the platform. **With a fixed lanyard, you might be prevented from falling to the ground, but you could still be thrown from the basket and suffer serious injuries.**



An SRL, however, keeps you within the MEWP basket during a fall. The retractable line automatically locks, minimizing the distance you fall and significantly reducing the risk of major injuries

Reach out to FM-OHS to learn more! <https://www.fm.virginia.edu/depts/ohs/contactus.html>

Tools for Your Toolbox: Normalizing Conversation Around Mental Health



Let's normalize talking about mental health!

- **Ditch the negativity:** Don't use mental health conditions as insults.
- **Be open and direct:** Talk about it like you would physical health.

As we wrap up May as Mental Health Awareness month, let's all keep doing our part to keep the conversation and awareness going!

Do:

- ★ Listen without judgment
- ★ Let them know you care
- ★ Validate their feelings
- ★ Be patient
- ★ Listen with intention

Don't:

- Interrupt or speak over
- Tell someone how they should feel
- Belittle their feelings
- Diagnose
- Pressure someone to speak

On May 3, UVA FM employees and FEAP representatives participated in our first-ever wellbeing walk around Grounds! Be on the lookout for the next one!

NEW! Watch “Mental Health Awareness in the Workplace: A Grassroots Movement at UVA” featuring UVA FM and FEAP:
<https://at.virginia.edu/ke9T0z>

APPRENTICESHIP

Program Graduates Achieve Licensure

Congratulations to the following UVA FM Apprenticeship Program graduates of 2023 who have passed their trades licensure exams!



Blake Shifflett,
HVAC Mechanic,
McCormick Road
Zone Maintenance



Travis Castellanos,
HVAC Mechanic,
Newcomb Zone
Maintenance



Pedro Gonzalez,
HVAC Mechanic,
Chiller Plants



John DeBilzan,
Plumber, West
Grounds Zone
Maintenance



Ryan McCarthy,
Plumber,
Newcomb Zone
Maintenance

What Do UVA Apprentices Learn?

- **Related technical instruction** is classroom instruction, hands-on learning, textbook readings, and written exams that supplement an apprentice's on-the-job training to further hone their knowledge and skills. Classes, books, and technology that are a necessary part of the apprenticeship education are paid for by UVA Facilities Management. Classes are held at FM during business hours and are taught by FM subject matter experts.
- **On-the-job training** is hands-on experience gained by working with experienced UVA FM professionals who teach and guide apprentices on how to maintain UVA facilities at the highest quality.
- **Apprentice Roundtables** are facilitated by [FM Occupational Training](#) to assist apprentices in developing core competencies that will support them in doing their job well. Roundtables are also an opportunity to connect with other apprentices, discuss current happenings in the program, and stay connected with program leadership.

Email FM-Apprenticeship@virginia.edu to learn more.



Charlie Henderson,
Instrumentation &
Controls Technician,
Automation Services



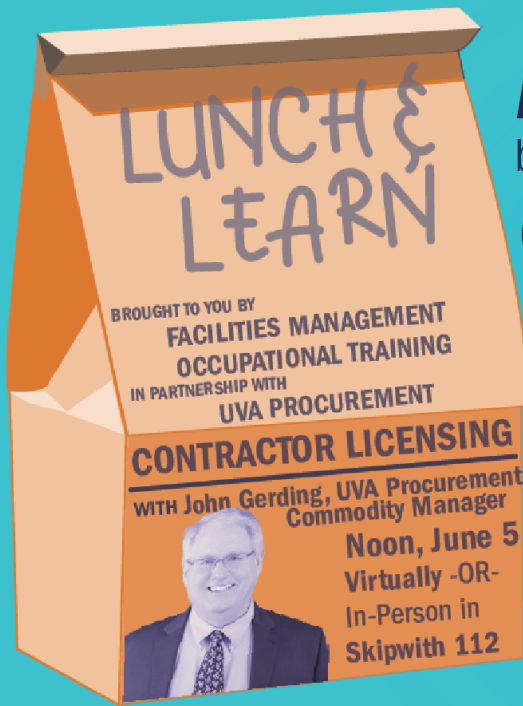
Ashley Bell,
Instrumentation &
Controls Technician,
Automation Services



Interview & Hiring Update

In-person interviews are being scheduled for late June. **Incoming apprenticeship first years are expected to onboard in mid-July for orientation and training and will report to their first rotations by August 1.**

OCCUPATIONAL TRAINING



LUNCH & LEARN | with UVA PROCUREMENT

brought to you by FM OCCUPATIONAL TRAINING

CONTRACTOR LICENSING

JUNE 5
NOON-1 PM
VIRTUALLY OR
IN-PERSON*
IN SKIPWITH 112

REGISTER:



* Don't forget to pack your lunch!



If you have questions or would like updates on future Lunch & Learns, email FM-Training@virginia.edu.

See past recordings and MORE upcoming Lunch & Learn topics:

<https://www.fm.virginia.edu/employees/occupationaltraining/prof-development.html>

BACKFLOW PREVENTION TRAINING

16-hour & 40-hour

AUGUST 12-15

West Complex 'O' Level Conference Room

These vocational-credit courses are required to apply for the *backflow prevention device worker* designation through the Virginia DPOR.

BROUGHT TO YOU BY

Email FM-Training@virginia.edu for more information and to find out which course is right for you.



OCCUPATIONAL TRAINING

Join the Next Facilities Management Supervisor Learning Journey



- *Build your understanding of FM processes*
- *Develop skills to help you succeed in your role*
- *Discover resources*

Email fm-training@virginia.edu to be added to the list.

NEW EMPLOYEE ONBOARDING

Welcome to new FM employees joining FM as of May 20 (left to right):



Front row:

- **Edixon “David” Briceno**, Custodian, McCormick Road
- **Craig Carter**, Custodian, Housing
- **Elijah Johnson**, Custodian, Housing

Back row:

- **Charles Shelton**, Trades Utility Worker, HSPR Renovations
- **Quincey Gregory**, Custodian, Housing
- **Assadullah Neejah**, Custodian, Newcomb
- **Miguel Loreda**, Horticulture Specialist, Central Grounds
- **Lukas Mongold**, Landscaper, Turf

Not pictured

- **Heather Williams**, Custodian, Housing

UVA Talent Development Training Highlights

Building Your Personal Brand

Virtual, June 11, 9-11 AM

Explore how effectively leveraging the use of personal branding can contribute to career success.

REGISTER:

<https://at.virginia.edu/bmbsmt>

Leading from Where You Are

Virtual, June 13, 12-1 PM

With the AAA strategy - Ask, Assume Good, and Align. Walk away with actionable tips on how to be a more intentional leader.

REGISTER:

<https://at.virginia.edu/bpkrd7>

Team Building

Virtual, June 17, 1:30-4:30 PM

This webinar focuses on the 10 characteristics of healthy and high-performing teams and what managers can incorporate into their leadership practices to build cohesion around organizational goals and objectives.

REGISTER:

<https://at.virginia.edu/rwvbs>

DIVERSITY, EQUITY & INCLUSION



Have you seen these badges around FM?

If you see this badge on an email signature, workspace, or hardhat, this individual has completed Mental Health First Aid Training for Adults.

Mental Health First Aid (MHFA) training helps participants identify problems and develop an action plan to safely and responsibly address concerns with a friend, colleague, or loved one.



Scan to learn more

To learn more about these events or share any additional updates, please contact Emily Douglas at em4hg@virginia.edu or FM-DEI@virginia.edu.



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

May 31: Save Your Hearing Day

Do you work in a noisy environment? Email FM-OHS@virginia.edu to learn how to protect your hearing!

June 1: Dinosaur Day

June 2: National Rotisserie Chicken Day

June 3: Love Conquers All Day

June 4: National Cheese Day

June 5: Thank You Day

June 6: Caves and Karst Day

June 7: June Bug Day

OCCUPATIONAL PROGRAMS

View & Apply for UVA FM Jobs



Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's **How to Apply: for Internal Candidates:** <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:

<https://jobs.virginia.edu/>

Not all listings are available to external applicants. Questions on job listings should be directed to AskHR@virginia.edu

FM JOB LISTINGS*

- R0055280 Construction Project Manager/
Senior Project Manager
- R0055555 Project & Construction
Management Supervisory Team Leader
- R0059364 Inventory Specialist, Student
Health and Wellness
- R0054806 Construction Project Manager
- R0057956 Computer Help Desk Tech
(Student Wage)
- R0055326 Carpenter
- R0060348 Assistant Web Developer (Staff
Wage)
- R0059548 Senior Mechanical Engineer
- R0060401 BAS Application Engineer
- R0059547 Mechanical Engineer
- R0060341 IT Help Desk Specialist
- R0058076 Mechanical or Electrical Engi-
neering Technician
- R0060264 Instrumentation & Controls
Technician
- R0060165 General Services Technician
- R0061321 Senior Trades Utility Technician
- R0058072 Mechanical or Electrical Engi-
neering Associate
- R0059478 Access Control Technician or
Senior Access Control Technician
- R0059423 Senior Trades Utility Technician
- R0057119 Senior HVAC Mechanic, Evening
Shift, 3:00pm - 11:30pm
- R0060716 Custodial Supervisor, Evening
Shift (Sign-On Bonus!)
- R0057586 Mason
- R0058765 Mason
- R0057096 Electrician
- R0057115 Utility Locator/Damage
Prevention Technician
- R0061219 Master Mechanic
- R0056251 Boiler Operator
- R0060917 Senior Plumber
- R0056252 Boiler Operator Assistant
- R0047982 Student Assistant, Geospatial
Engineering Services (Student Wage)
- R0056250 Heat Plant Supervisor
- R0047639 Senior Trades Utility Worker
- R0057117 Senior Trades Utility Technician
- R0060422 Finance Associate or Finance
Generalist
- R0059500 Construction Superintendent
- R0058935 Senior Trades Utility Technician
- R0059247 Fire Systems Assistant
Technician
- R0057634 Part-Time Plumber, Weekend
Day Shift (Minimum 20 hours)
- R0059721 Senior HVAC Assistant
- R0060648 Sheet Metal Technician

* As of 05/30/2024