

FALL PROTECTION JHA and RESCUE PLAN

COMPETENT PERSON EVALUATION / PROJECT INFORMATION			
Evaluation Conducted by	Project	Date Issued	
Subcontractor	Subcontractor Phone	End Date (1 week max)	
SCOPE OF WORK / DESCRIPTION OF ACTIVITY			
What tasks and work areas are associated wit this analysis.	th the hazards? Identify the equipment, mater	ials, and processes addressed by	
HAZARDS AND CONTROLS			
What is the fall distance/exposure to the next lower level? What controls have been established (guardrails, PPE, etc.)? If the work cannot be performed as defined in this analysis, or if unexpected conditions are encountered, stop work and review with the competent person. Additional hazard controls may be warranted.			
	NALYSIS AND BRIEFING CHECKLIST INSTRUCTI	ONS	
Use this checklist in your evaluation and as th	e talking points in the daily briefing to identify	the controls established for the	
Use this checklist in your evaluation and as the talking points in the daily briefing to identify the controls established for the elevated work. The briefing and checklist requirements must be reviewed, verified and communicated to the workers on a			
daily basis, prior to the start of work daily. If the scope of work or location changes reevaluation by the Competent Person is			
required.			
1. Identify all fall hazards:			
□ Roof Work (within 15 feet of edge	□ Unprotected Stairways	☐ Ladders (portable or fixed)	
☐ Roof penetration or Skylight (work within	□ Wall or floor openings (work within 6 ft of	☐ Aerial lifts, Scissor lifts and	
15 ft of unprotected opening)	unprotected wall or floor opening)	elevating work platforms	
☐ Scaffold erection / disassembly	□ Leading edge	☐ Steel erection	
□ Other Describe:			
2. Method of fall protection to be provided:			
☐ Passive (guardrail or hole cover)	□ Fall Restraint	☐ Ladder Safety Device	
□ Positioning System	□ Personal Fall Arrest (PFAS)	☐ Warning Lines	
□ Comment:			
3. Fall Protection Equipment required (OSHA and ANSI compliant), if applicable:			
□ Anchorage Connector	☐ Full Body Harness	☐ Restraint Lanyard	
☐ Shock Absorbing Lanyard	□ Self Retracting Lanyard (SRL)	☐ Leading Edge SRL	
□ Twin Leg Lanyard	□ Rope Grab	☐ Safety Nets	
NOTE: The Competent Person must confirm	systen selection and compatibility.		
4. What anchor are you using?, if applicable			
5. Identify the method of falling object protection below the elevated work:			
☐ Guardrails / Barricades	□ Snow Fence or Mesh	□ Toeboards	
□ Hard Hats Required	□ Warning Lines	□ Danger Tape	
□ Caution Tape	□ Warning Signs	☐ Attendant Posted	
□ Tool Tethers or Lanyards	□ Other Describe:		



FALL PROTECTION JHA and RESCUE PLAN

Contacts Rescue Equipment Competent Rescuer(s): □ Ladder □ Rescue Pole	Critical Rescue Factors is an anchor point for rescue?
	is an anchor point for rescue?
□ Rescue Pole	
□ I/E3CUE FOIE	
□ Rescue Rope	
□ Scaffold	
□ Crane	
	is Landing Area?
CHARLOTTESVILLE FIRE DEPARTMENT Alternative lifting &	
911 lowering device	
	ere any Rescue Obstructions or
911 should be your 1st call!	ls?
Method of Contact Location of Equipment	
□ PA □ Verbal / Face to Face □ Jobsite	
□ Radio Channel □ Gang Box	
□ Phone □ Tool Box	
□ Other □ □ Other	
Check for YES	Comments
☐ Have alternatives to using fall arrest equipment been considered?	
☐ Has rescue equipment been inspected and in good shape?	
☐ Is equipment adequate for the rescue plan?	
☐ Have communication devices been identified, located, and tested?	
□ Are all rescuers familiar with the use of the rescue equipment?	
Describe the tasks that will be done prior to work to prevent a fall and the step-by-step	process to be followed in the event of
a fall.	
Pre-Work Tasks Response Procedure	
1 1. Call 911	
2 2. Rescue	
3. Medical assessment of pers	son
4 4. If possible have employee p	perform self rescue
5 5	
6 6	